

## About Pauline Bergin and 7Senses.



I'm an IAF Certified™ Professional Facilitator (CPF), Adult Educator, Mentor & experienced health professional.

I have an extensive background in health, facilitation, mentoring, adult education, and coaching. I thrive on guiding others to reach their potential and to flourish.

My most recent work, which has challenged and excited me for over 8 years, was designing, developing and facilitating a person-centred, workplace culture program across NSW Health.

During that time I realised that a great challenge for managers and leaders is to engage staff meaningfully in their work, beyond tasks and roles. In ways that staff can work with all their talents and skills, to be truly present, to feel valued and to contribute to a shared vision.

Employee disengagement can impact on productivity by up to 20%

As an external facilitator I was able to support all staff at all levels to be a part of the action, so that multiple perspectives were considered and the best solutions identified and implemented. Having opportunities to contribute enabled staff to engage more fully and to have ownership of their practice. As a result I saw individuals and teams at their best, which was very gratifying.

I have established 7Senses Consulting with the aim to enable whole person engagement, whole person learning, and to promote access to the outcomes skilled facilitation offers.

Contact me today to chat about how I can support you, your teams and your organisation to meet your goals.

We can tailor a package to suit your needs – anything from a half-day workshop to regular hourly sessions to mentor individuals, support group reflection, or to facilitate an important meeting or complex decision, through to a range of comprehensive learning and development workshops.

Hourly, half day, daily and weekly rates are negotiable.

Introductory offers are available for a limited period.

### fa - cil - i - ta - tor

one that facilitates: *especially*, one that helps to bring about an outcome (as communication, learning or productivity) by providing indirect or unobtrusive assistance, guidance, or supervision.

*Merriam-Webster Dictionary*

### Contact details:

E: [pauline@7sensesconsulting.com.au](mailto:pauline@7sensesconsulting.com.au)

M: 0400 598 759

T: 02 6554 2281

W: [www.7sensesconsulting.com.au](http://www.7sensesconsulting.com.au)



**7 SENSES  
CONSULTING**

*Purposeful Engagement, Team Grown Solutions*

*Pauline Bergin*

*Certified Professional Facilitator,  
Adult Educator and Mentor*

---

**Guiding people, businesses  
and organisations to reach  
their outcomes and to be  
effective.**

---



[pauline@7sensesconsulting.com.au](mailto:pauline@7sensesconsulting.com.au)

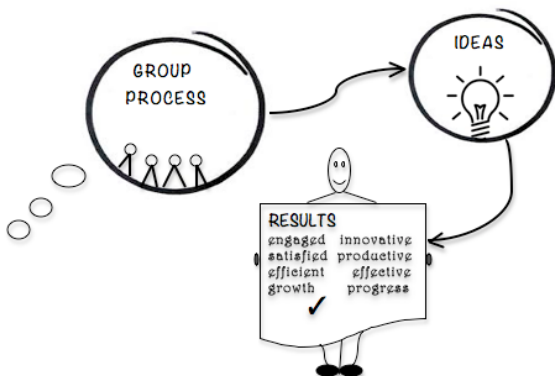
M: 0400 598 759 | T: 02 6554 2281

**7Senses** works with individuals, teams and organisations to create workplace environments that enable participation and innovation. This is achieved through the use of proven processes and strategies to engage staff at all levels in critical dialogue, seeking solutions from within and promoting a genuine commitment to sustainable actions and change.



Through increased levels of engagement everyone benefits, resulting in flow-on effects to other aspects of peoples' work and personal lives; growth of people and practice, it's truly a winning combination!

**"The best ideas are common property."** Seneca 4BC – AD 65



*"Vision without action is merely a dream, action without vision is a nightmare"*

Joel A. Barker

## Professional Facilitation Services

Have you got important meetings, or challenging discussions, complex issues or quality decision-making that everyone needs to contribute to – managers, educators, all team members and you?

Are you and your team stuck on an issue or a change that you just can't seem to shift?

**Are you getting the best from employees, colleagues and customers? Are you & your staff excited about work? Is your workplace one that encourages engagement?**

As an external facilitator I am your unbiased, third party who will help you and your team to reach your goal in the easiest way possible, to reach the decisions and solutions that are right for the whole team.

I bring neutrality about the issue and the solution, high support for the team to be brave and to think outside the square, and high challenge to unravel assumptions, rituals and biases.

*An obligation free strategy meeting is only a phone call or email away!*

## Professional Learning and Development:

Are your staff utilising all of their talents at work? **Maybe you've spotted someone who's great at helping the team to work through problems and find solutions? Or a future leader who needs some building blocks to get them on their way?**

Would your team and their practice benefit from supported reflection? Would you like to create a culture where practice is more person-centred, and effective? Call to arrange a consultation - we can customise and tailor workshops to fit your purpose.



## Individual and Small Group Support

**Action Learning, Mentoring, Coaching**

**Do you have goals or ideas that you have doubts about or just can't bring to fruition?**

*Have you found your purpose and are you living it?*

*Do you share the same purpose as your team?*

*Are you planning a new career or a career change, a promotion, a new business or venture?*

7Senses provides individual and group support for coordinated transitioning through the many phases of life and career.

Getting you started on your action plan and enabling you to achieve your goals.